

# HAMBURGER HELPER

The kids are constantly asking me to make this homemade version of Hamburger Helper. I always oblige because it is the easiest and most delicious recipe. My favorite part is that everything gets thrown into one pot so cleanup is minimal!

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## *Ingredients*

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1.5 lbs ground beef  
1/2 white onion, chopped  
4 cups uncooked pasta  
5 cups beef broth  
1 cup water  
3 heaping tbs tomato paste  
2 tsp garlic powder  
2 tsp parsley  
2 tsp Worcestershire sauce  
1.5 cups milk  
3 cups shredded cheddar jack

## *Instructions*

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Sauté chopped onions for 3 minutes on medium heat. Add ground beef and brown until cooked through.

Add pasta, all seasonings, Worcestershire, water and broth. Simmer for 15 minutes.

When noodles are partially done add milk. Simmer for 5 minutes. Once noodles are al dente add cheese and salt and pepper to taste.

Let rest for 10 minutes before serving.